

Journey CHURCH

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Leader Guide Session 1

Dealing with Naysayers - NAYSAYER (from Webster's Dictionary): a person who says something won't work or isn't possible; a cynic who habitually expresses pessimistic views.

FOUR NAYSAYERS DAVID FACED BEFORE GOLIATH

1) _____ held him back.

Now David was the son of a man named Jesse ... and he had eight sons. David was the youngest son. David's three oldest brothers stayed with Saul's army, but David went back and forth so he could help his father with the sheep in Bethlehem.

1 SAMUEL 17:12, 14-15 (NLT)

BARRIERS TO SUCCESS: _____

2) _____ was afraid.

BARRIERS TO SUCCESS: _____

Goliath stood and shouted a taunt across to the Israelites. "Why are you all coming out to fight?" he called 'I am the Philistine champion, but you are only the servants of Saul. Choose one man to come down here and fight me! If he kills me, then we will be your slaves. But if I kill him, you will be our slaves! I defy the armies of Israel today! Send me a man who will fight me!" When Saul and the Israelites heard this, they were terrified and deeply shaken.

1 SAMUEL 17:8-11 (NLT)

Conventional wisdom is often wrong. Public opinion is often wrong. Majority doesn't make something right.

3) _____ questioned his motives.

BARRIERS TO SUCCESS: _____

David talked to some others standing there to verify the report. "What will a man get for killing this Philistine and ending his insults to Israel?" But when David's oldest brother, Eliab, heard David talking like that, he was angry. "What are you doing around here, anyway?" he demanded. "What about the sheep you're

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supposed to be talking care of I know what a cocky brat you are; you just want to see the battle!" "What have I done now?" David replied.

I was only asking a question!"

1 SAMUEL 17:26-29 (TLB)

4) _____ doubted his ability.

BARRIERS TO SUCCESS: _____

"Don't worry about a thing, "David told him. I'll take care of this Philistine!" "Don't be ridiculous!" Saul replied. "How can a kid like you fight with a man like him? You are only a boy, and he has been in the army since he was a boy!" 1 SAMUEL 17:32-33 (TLB)

HOW TO DEFEAT THE NAYSAYERS IN YOUR LIFE

1.) Remember they are _____

The fear of human opinion disables; trusting in God protects you from that. PROVERBS 29:25 (THE MESSAGE)

It is dangerous to be concerned with what others think of you. PROVERBS 29:25 (GNT)

What other people think of you is none of your business.

Do not fear anything except the Lord Almighty. He alone is the Holy One. If you fear him, you need fear nothing else. ISAIAH 8:13 (NLT)

2.) Don't get _____

Motivated reasoning is based on emotion, not logic.

Don't be intimidated. Eventually everything is going to be out in the open, and everyone will know how things really are. MATTHEW 10:26 (THE MESSAGE)

2) Never _____!

It is foolish to speak scornfully of others. If you are smart, you will keep quiet. PROVERBS 11:12 (GNT)

When they hurled their insults at Jesus, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly. 1 Peter 2:23 (NIV)

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I am most like Jesus when I stay silent under attack.

3) Stay focused on _____ and _____!

David was now in great danger because all his men were very bitter ... and they began to talk of stoning him. But David found strength in the Lord his God.

1 SAMU L 30:6 (NLT)

The Lord is for me, so I will not be afraid. What can mere mortals do to me? PSALM 118:6 (NLT)

You don't need anybody else's approval to be happy.

Show me how much you love me, Lord, and save me according to your promise. Then I can answer those who insult me because I trust in your word.

PSALM 119:41-42 (GNT)

I've banked your promises in the vault of my heart.

PSALM 119:11 (THE MESSAGE)

DISCOVERY QUESTIONS:

1. Has there been someone who has acted as a naysayer in your life? How did you deal with the situation? How would you deal with it now?
2. Of the Four Barriers to Success (delay, discouragement, disapproval, and doubt), which one have you encountered most recently? How would God want you to respond to that barrier?
3. Pastor Rick taught that we are most like Jesus when we stay silent under attack. Share an example of a time you chose to stay silent under attack. How did God bless your decision?
4. In this week's lesson, we learned that we don't need anyone else's approval to be happy. Whose approval are you still seeking? How would it change your life if you could let go of your desire to seek that person's approval?
5. This week, think of one person whose approval you still seek. Talk to God about it and practice trusting him.

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