



Session 2 Viewer Guide

DISCUSSION:

1. How do you typically react when someone does that one thing that really gets on your nerves? How does this affect your mood and overall happiness?
2. In Ephesians 4:2, Paul instructed us to be "patient" or "long-tempered" with one another. What does it mean to be long-tempered? Would you say this type of patience comes naturally for you? Why or why not?
3. In Matthew 7:3-5, Jesus instructed us to examine ourselves before we examine others. How would examining yourself first help you to bear with others? What are some of your quirks that might get on their nerves?
4. Do you think Jesus had to be patient and bear with his disciples? How do you think Jesus—who was God made flesh—was able to be patient with those around him?
5. Read Matthew 16:17. How did Jesus encourage Peter in this verse? How do you think this made Peter feel?
6. Read Mark 5:25-34. How did Jesus encourage the sick woman? Have you ever felt encouraged by someone who listened to you? How did that person encourage you?
7. How did Jessica and Chase ultimately turn their marriage in a healthy direction? Does any part of their story resonate with you? If so, which part and why?
8. Think of someone in your life with whom you need to be more patient. How could you exercise more patience with that person this week?