

## The Seven-Mile Miracle Leader Guide

### Session 5: Distress

#### Mile 5- Mount of Olives

*“Open our eyes to the unending depth of His love.”*

The fifth saying on the cross is a cry of distress. Jesus revealed the physical desperation of His dying moments on the cross in the words, “I am thirsty.”

*“There is a spiritual thirst all around us.”*

Jesus experienced a distress that went much deeper than physical pain and dehydration. He thirsted on behalf of our own spiritual thirst. Each of us longs for the satisfaction of knowing that our journey carries a purpose. The torture that Jesus endured was a culmination of the depravity that each of us faces in our distress.

*“Everywhere Christ walked, He walked on purpose.”*

Even as Jesus agonized on the cross, He was in control. The bitter wine vinegar that was given to Jesus was a fulfillment of prophecy. Every moment of Jesus’ distress was designated to fulfill a purpose that we could never fulfill.

*“We thirst and are unsatisfied because we drink from the wrong wells.”*

We all experience times of deep distress in our lives. But the reason we never escape the feeling of being unsatisfied is that we seek to quench our thirst at the wrong wells. None of our human relationships could ever produce the satisfaction of drinking from the wellspring of life, Jesus Christ.

# Journey CHURCH

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*“In His distress, He released the greatest anointing in His life.”*

There is comfort in knowing that even Jesus grew physically thirsty. Because He was pressed, He released the greatest anointing that could ever be on His life. He has a purpose for the emptiness and distress that you feel in your life today. It is all designed to lead you to a well that never runs dry.

Read John 4:1-26. For a deeper study read Isaiah 55:1-2 and Psalm 69:21.

## **Discussion Questions:**

1. As a group, share any new takeaways you had from Pastor Furtick's video.
2. Describe the distress Jesus experienced in John 19:28.
3. How was it more than just a physical need? What does this say about the spiritual thirst that exist all around us?
4. What is so significant about the soldiers extending a sponge of wine vinegar to Jesus' lips? What does this show about Jesus' character? How was Jesus still in control in that moment?

5. What kind of distress have you experienced in your life? What “wells” do you typically go to for relief from your distress?
  
6. Why do you believe that most of our attempts to find satisfaction are unfulfilling? How have you experienced the “wrong wells” in your own life? How did you realize you were drawing from the wrong well?
  
7. How does God use your distress to lead you closer to Him? What does it mean to drink from the “well that never runs dry”? how does this change your perspective on facing distress and adversity?
  
8. What is one well in your life right now that you know is unsatisfying? What can you do this week to leave it behind? What can you do this week to replace it with your trust in Jesus Christ?