Journey CHURCH
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Session 6 Viewer Guide

GROUP DISCUSSION

1. What makes someone trustworthy to you? How does that help us understand what it means to trust God?

2. Tony talks about "Assurance Deficit Disorder"—constantly wondering where we stand with God. Why do you think Christians sometimes struggle to believe they can truly know they have eternal life?

3. What's the difference between building your confidence in God on your feelings or performance and building it on who God is?

4. Tony compares prayer to learning a football playbook. How might knowing God better change the things you pray for and the way you pray?

5. John tells us to pray for believers who are struggling. Why is praying for someone often a better first response than criticizing or judging them?

6. Tony describes an idol as any person, thing, or idea we look to as our source of being. What are some things people today are tempted to expect to give them what only God can provide?

7. Looking back over 1 John, what's one area where you believe God is challenging you to grow—confessing sin, loving others, resisting the world, listening to the Holy Spirit, praying, or trusting Him—and what will you do about it this week?